

MORE SCORESM

10 MINUTES TO 10X YOUR LIFE

Name: _____ Date of Analysis: _____

For each word below, ask yourself honestly, *“Does this word describe me?”* Check the ONE box that best answers the question.

Always	Often	Rarely	Never
<i>This is consistently and authentically me.</i>	<i>This shows up regularly, but not always.</i>	<i>This is not a primary part of who I am.</i>	<i>This does not describe me.</i>

There are no “right” or “wrong” answers. The number of boxes you check “ALWAYS” and “OFTEN” will vary by column. That’s normal. Be brutally honest with yourself, not how you wish you were or how others might see you, but how you actually and consistently show up.

M					O					R					E				
	Always	Often	Rarely	Never		Always	Often	Rarely	Never		Always	Often	Rarely	Never		Always	Often	Rarely	Never
Precise					Decisive					Enthusiastic					Compassionate				
Deliberate					Driven					Spontaneous					Loyal				
Thorough					Competitive					Engaging					Nurturing				
Systematic					Direct					Optimistic					Gentle				
Conscientious					Strategic					Expressive					Perceptive				
Analytical					Bold					Playful					Supportive				
Constant					Independent					Energetic					Sincere				
Disciplined					Tenacious					Creative					Patient				
Reserved					Commanding					Outgoing					Harmonious				
Exacting					Results-Oriented					Persuasive					Devoted				
TOTAL SCORE					TOTAL SCORE					TOTAL SCORE					TOTAL SCORE				